



Cookie Jar Back to School Plan

We will be strictly adhering to all the current guidelines set out by the Alberta government, see attachments below.

- Each day your child is to attend preschool, a screening questionnaire will be provided and need to be completed and reviewed with the teacher at the entrance. Please become familiar with this checklist, do not bring your child in if you have answered yes to any question. We will be doing a staggered entry to ensure distancing in the locker area, only two students at a time. Please knock on the door when you arrive, wait on the sidewalk while distancing and a teacher will let you and the student in. Every person entering the building will need to use the provided hand sanitizer and each student will have their temperature checked with a contactless thermometer. If possible please limit the amount of people dropping the student off and try to have the same person do drop offs and pick ups. Parents will exit through a separate door after leaving their child with the teacher.
- There will be increased cleaning and sanitizing of all common areas and all toys after every class and as necessary during class time.
- Teachers will wear a mask when class size requires it, according to the public health guidelines for cohorts.
- Please do not send any additional items with your child such as toys, stuffed toys, blankets etc.
- There will no planned field trips at this time.
- We will not be having parent volunteers in the classroom at this time.
- If child is missing more than 2 weeks because of isolation/illness please contact the Treasurer to discuss tuition refund.
- If a child begins showing symptoms while at school, the child will be distanced in a safe area from the group and parents will be called for immediate pickup. Please refer to the Government of Alberta guidelines if your child has a cough, fever, shortness of breath, runny nose, or sore throat that is not related to a pre-existing condition as they are legally required to isolate for 10 days.

Please be patient with us as we implement these new strategies and become accustomed to our new normal. If you have any questions, comments, or concerns please reach out to the teachers or board members.

Alberta COVID Guidelines for Preschools Link:

<https://open.alberta.ca/publications/covid-19-information-guidance-for-preschools>

PREVENT THE SPREAD OF CORONAVIRUS

You can help prevent the spread of COVID-19 in Alberta. Prevention starts with awareness.

- Practice physical distancing
- Self-isolate if you're feeling sick
- Wash your hands frequently
- Cover coughs and sneezes
- Avoid touching your face
- Do not travel outside of Canada

PRACTICE PHYSICAL DISTANCING

All Albertans have a responsibility to help prevent the spread of COVID-19. Take steps to protect yourself and others:

- Limit the number of times you leave your home
- Stay at least 2 meters away from others when you go out for groceries, medical trips, and other essential needs
- Have groceries or other items delivered if possible
- If you go outside for fresh air maintain 2 meters distance from others
- Avoid overcrowding in elevators and other enclosed spaces
- Wash your hands after touching communal surfaces such as handrails, handles
- Postpone family visits, friend gatherings, and group outings, especially if household or family members are senior citizens or have high-risk medical conditions
- Do not gather with other people if you have a fever or a cough, even if symptoms appear to be mild.
- Obey all mandatory self-isolation requirements and mass gathering restrictions now in place in Alberta.

Legally enforceable public health measures are in place to limit the time Albertans spend in contact with each other. Anyone violating these restrictions is now subject to fines.

MONITOR YOUR SYMPTOMS

COVID-19 symptoms are similar to influenza and other respiratory illnesses. Symptoms can include:

- cough
- fever
- shortness of breath
- runny nose
- sore throat

If you have any of these symptoms stay home and self-isolate; do not go to an ER or medical clinic. **Call Health Link at 8-1-1 for more information.** Services are available in 240 languages.

SELF ISOLATE

You are legally required to self-isolate for:

- **14 days** if you returned from international travel or are a close contact of a person with COVID-19
- **10 days** if you have a cough, fever, shortness of breath, runny nose, or sore throat that is not related to a pre-existing illness or health condition

If you are self-isolating:

- Stay home — do not go to work, social events or any other public areas or community settings
- Avoid close contact with other people, including household members but especially seniors and people with chronic conditions or compromised immune systems
- Do not use public transportation or ride sharing
- Do not go for walks in public places. This includes children in mandatory self-isolation.
- If you go outside, you must remain on private property not accessible by others.
- If you live in an apartment building or high-rise, you must stay inside and cannot use the elevators or stairwells. If your balcony is private and at least 2 metres away from other balconies, you may use your balcony to get fresh air.

GUIDANCE FOR PRESCHOOLS

APPENDIX B

Screening Questionnaire

PARENTS/GUARDIANS/STAFF MUST FILL OUT THIS QUESTIONNAIRE TO DECIDE IF THE CHILD SHOULD ENTER TODAY

Risk Assessment: Initial Screening Questions

1.	Do you, or your child attending the program, have any of the below symptoms:	CIRCLE ONE	
		YES	NO
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of Breath / Difficulty Breathing	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Runny Nose / Nasal Congestion	YES	NO
	• Feeling unwell / Fatigued	YES	NO
	• Nausea / Vomiting / Diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ Joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (Pink eye)	YES	NO
2.	Has your child travelled outside of Canada in the last 14 days or has someone in the household travelled outside of Canada in the last 14 days and is ill?	YES	NO
3.	Have you or your children attending the program had close <u>unprotected</u> * contact (face-to-face contact within 2 metres/6 feet) in the last 14 days with someone who is ill with cough and/or fever?	YES	NO
4.	Have you or anyone in your household been in close <u>unprotected</u> contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	YES	NO

* "unprotected" means close contact without appropriate personal protection equipment (PPE).

If you have answered "Yes" to any of the above questions, please **DO NOT** enter at this time.

If you have answered "No" to all the above questions, please sign in and out and practice hand hygiene (wash hands for 20 seconds, and or use hand sanitizer) before and after your visit.

Our goal is to minimize the risk of infection to our staff and children, thank you for your understanding and cooperation.

Name _____

Signature _____

Date _____